Mental Health & Substance Use Disorder

Resource Guide

Sauk County Mental Health Crisis Services:

608.355.4200 M-F 8:00 AM – 4:30 PM

Sauk County After Hours Crisis Line:

1.800.533.5692 M-F 4:30 PM – 8:00 AM

Sauk County Medication Assisted Treatment Program

Heroin, opioid, meth and stimulant hotline

608.402.4312

National Hope Line Network

1.800.784.2433, 800.442.4673 Text: HOPELINE to 741741

National Suicide Prevention Lifeline: 800. 273.TALK (8255)

National Youth Crisis Hotline: 1.800. 442.HOPE (4673)

When you need help and don’t know where to turn, 211 Wisconsin is your one-stop connection to the local services you need, like utility assistance, housing, food elder care, crisis intervention, alcohol and other drug recovery, and much more. Just dial 211. www.211now.org